MA Region 4A MRC

Progress Report for November 2009

Communities Covered by MA Region 4A MRC:

Acton	Lexington	Stow
Ashland	Lincoln	Sudbury
Bedford	Littleton	Walpole
Boxborough	Marlborough	Waltham
	Maynard	Wayland
Carlisle	Medfield	Weston
Concord	Millis	Wilmington
Dover	Natick	Winchester
Framingham	Norfolk	Woburn
Holliston	Sharon	Wrentham
Hopkinton	Sherborn	
Hudson	Southborough	

Contact Name: Liisa Jackson, Region 4A Coordinator
Date Submitted: 12-15-2009

MRC Membership

Current Active Volunteers: 4,259

Categories of Volunteers:

Physicians	505	**Physician Assistants**	23
Nurse Practitioners	39	**Nurses**	1,104
Pharmacists	57	**Dentists**	39
Veterinarians	89	**Mental Health Professionals**	218
EMS Professionals	232	**Respiratory Therapists**	11
Other Public Health/Medical	614	**Non-Public Health/Medical**	1,415

Increase/Decrease from Previous Report: + 18

MRC Recruitment & Training Activities

We have used the H1N1 clinic planning as a tool to recruit more MRC volunteers, many of the communities have done community wide mailings, and the efforts have been very successful. Most of Region 4A MRC training is open to the public to recruit more MRC volunteers:

2009-11-05 : 6 students
H1N1 Planning meeting Waltham

2009-11-12: 4volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-18: 4volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-19 : 4 volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-23 : 4 volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-24: 4 volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-30 13 students
Behavioral Health Part 2

H1N1 Activities:

November 2nd H1N1 clinic Acton
November 3rd H1N1 vaccination planning Hopkinton
November 3rd H1N1 clinic Natick
November 4th H1N1 clinic Natick
November 5th H1N1 clinic Woburn
November 6th H1N1 clinic Hudson
November 6th H1N1 clinic Wayland
November 6th H1N1 clinic for 5th an 6th graders Millis
November 4th H1N1 vaccination Planning Region 4A MRC
November 5th H1N1 planning Waltham
November 8th H1N1 clinic Wilmington
November 9th H1N1 clinic Woburn
November 10th H1N1 vaccination planning Hopkinton
November 12th H1N1 clinic Sudbury
November 12th H1N1 clinic Norfolk
November 13th H1N1 clinic Hopkinton
November 13th H1N1 clinic Natick
November 13th H1N1 planning Wrentham
November 14th H1N1 clinic Hudson
November 16th H1N1 clinic Wrentham
November 13th H1N1 clinic Natick

November 16th H1N1 clinic Natick
November 16th H1N1 clinic Carlisle
November 17th H1N1 clinic Hopkinton
November 17th H1N1 clinic Natick
November 17th H1N1 clinic Marlborough
November 17th H1N1 planning Holliston
November 18th H1N1 clinic Hopkinton
November 18th H1N1 clinic Ashland
November 19th H1N1 clinic Wayland
November 19th H1N1 clinic Maynard
November 20th H1N1 clinic for 7th and 8th graders Millis
November 23rd H1N1 clinic Natick
November 24th H1N1 clinic Weston
November 24th H1N1 clinic Marlborough
November 24th H1N1 Clinic Wayland
November 21st H1N1 clinic Hudson
November 30th H1N1 clinic Boxborough
November 30th H1N1 clinic Maynard

2009-11-12: 4volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-18: 4volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-19: 4 volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-23: 4 volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

2009-11-24: 4 volunteers
H1N1 Community Clinic at Newton Wellesley Hospital

Ideas that will help your flu clinic to run smoothly with a limited amount of vaccine, time or staff:

- Good public education about who the target groups are and who you will be vaccinating
- Have people receiving the vaccine or parents fill out the forms prior to the clinic
- Take people receiving the vaccine by appointment only
- Use a seasonal flu clinic to target the most at risk populations, once identified quietly pull them aside and administer the H1N1 vaccine
- Plan your clinics around a specific age or target group
- Go on site to administer H1N1 vaccine example: to day care providers who care for children less than 6 months of age small vaccination teams are idea for this.

MRC Activities and Improvements

We have really beefed up our MRC web-page we have set up a registration system for residents that are eligible for the H1N1 vaccine can pre-register for it on the web-page, this will save the overall time that the health departments are spending pre-registering people who can receive the vaccine.

H1N1 vaccine collaboration:

We have also started to set up a system where region 4A health departments can share the H1N1 vaccine since the manufacture and formulation is more geared for certain populations we setting up a web-base system that will allow Health departments to make requests for certain types of vaccine or to offer vaccine that they cannot use.

We are using Survey monkey to help us have MRC volunteers pre-register for a position to help out at their flu clinics.

Region 4A H1N1 vaccination Team:

We have recruited over 250 MRC volunteers that are willing to help out region wide with the local flu clinics looking for additional staff outside of their community, it is working well and we are working to get more volunteers on this team.

Boxborough – Sponsored a Bone Marrow Donor Drive at Boxborough Town Hall on November 7, and H1N1 Clinic at Boxborough's Blanchard School on November 30th.

MRC volunteers have been made exempt from taking the Conflict of Interest law exam:

Laurie Courtney the Public Health Nurse from Framingham worked with the State ethics commission to determine that MRC volunteers are exempt from the Conflict of Interest Law exam as it pertains to unpaid municipal employees, we are very grateful for this work since our MRC is so large it would be very difficult to get them all to take the exam if required.

MRC Collaboration

Participation in Regional Coalition Meetings (Coalition name/date attended/Attendee):

November 12th the Region 4A coalition meeting Liisa Jackson and all the Members from the MRC Committee

MSAR promotion activities: We promote MSAR when we do MRC Orientation and trainings.

Exercises & Drills (Briefly describe exercise/drill, who conducted it, number & role of MRC participants):

Conferences/Presentations (local/state/national):

Liisa Jackson attended the Region 1 and 2 MRC conferences in Rhode Island November 19th and 20th she presented about the Region 4A Ice Storm deployment and received recognition from the Surgeon General's office for the work that the Region did to help staff the Shelters during the December 2008 Ice storm at the Networking dinner.

Other Miscellaneous Activities: Liisa Jackson MA Region 4A MRC Coordinator has been invited to speak at the National Preparedness Summit in Nashville Tennessee in April 2010 to talk about the Mental Health Disaster Response team project.

Local Reports:

Maynard:

MAYNARD CITIZENS CORPS/MEDICAL RESERVE CORPS

Report to Region 4a November 2009

1. In preparation for administering H1N1 vaccine, the Health Officer and MCC/MRC Chairperson met with representatives from the schools, including the school nurses and with the Fire Chief. Target populations were discussed. Plans were proposed including communication to parents, dates and times for vaccination clinics targeting school children and EMTs.
2. At our Executive Board Meeting the above information was discussed plans were developed to communicate with pregnant women and household members of children less than 6 months.
3. We held a vaccination clinic on Nov 19 from 4-6 and vaccinated approximately 120 people including EMTs, MCC/MRC volunteers and children in grades 6, 7, and 8 who are over 12 years of age.
4. On November 30 from 5-7 we held a second vaccination clinic to and vaccinated 110 people including children age 12-18, pregnant woman and household member of an infant less than 6 months of age.
5. Plans are under way for our 3rd clinic on December 19 from 11-1 to target the above populations plus people under 64 with specified health care conditions.
6. We had 4 new volunteers in the November.

Respectfully submitted,

Mary Hilli, Chairperson