

# MA Region 4A MRC

## Progress Report for May 2010

Communities Covered by MA Region 4A MRC:

Acton	Lexington	Southborough
Ashland	Lincoln	Stow
Bedford	Littleton	Sudbury
Boxborough	Marlborough	Walpole
Carlisle	Maynard	Waltham
Concord	Medfield	Wayland
Dover	Millis	Weston
Framingham	Natick	Wilmington
Holliston	Norfolk	Winchester
Hopkinton	Sharon	Woburn
Hudson	Sherborn	Wrentham

Contact Name: Liisa Jackson, Region 4A Coordinator  
Date Submitted: 06-15-2010

## MRC Membership

**Current Active Volunteers: 4,518**

Categories of Volunteers:

<b>Physicians</b>	529	<b>Physician Assistants</b>	24
<b>Nurse Practitioners</b>	43	<b>Nurses</b>	1,173
<b>Pharmacists</b>	58	<b>Dentists</b>	45
<b>Veterinarians</b>	93	<b>Mental Health Professionals</b>	224
<b>EMS Professionals</b>	235	<b>Respiratory Therapists</b>	11
<b>Other Public Health/Medical</b>	623	<b>Non-Public Health/Medical</b>	1,460

**Increase/Decrease from Previous Report: + 15**

## **MRC Recruitment & Training Activities**

May. 4 2010	7:00pm-9:00pm	<a href="#">Building *Emotional Resilience for MA Disaster Response Workers</a>	<a href="#">Walpole</a>
May.13 2010	7:00pm-9:00pm	<a href="#">Building Emotional Resilience for MA Disaster Response Workers</a>	<a href="#">Wayland</a>
May.18 2010	7:00pm-8:30pm	<a href="#">Planning for Your Pets in Emergencies</a>	<a href="#">Walpole</a>
May.25 2010	6:00pm-9:00pm	<a href="#">Shelter simulation drill</a>	<a href="#">Maynard</a>
Jun. 1 2010	6:00pm-9:00pm	<a href="#">Shelter simulation drill</a>	<a href="#">Walpole</a>

## **Deployments**

Region 4A MRC volunteers staffed the water distribution centers in Lexington and Waltham, during the boil water order due to the MWRA water main break.

May 3rd:  
Waltham water distribution  
Bright school

May 3rd :  
Lexington water distribution  
DPW building

## **Orientation or Recruitment Meetings Held**

We have used the H1N1 clinic planning as a tool to recruit more MRC volunteers, many of the communities have done community wide mailings, and the efforts have been very successful. Most of Region 4A MRC training is open to the public to recruit more MRC volunteers:

All the H1N1 clinics in Region 4A are considered a training/drill, most communities are using their clinics as an opportunity to drill their EDS plans.

## **H1N1 Activities**

We have planned H1N1 hot washes that will be held across the region, the goal of these meetings is to learn about improvements and to discuss best practices and lessons learned.

## Monthly Medical Reserve Corps Massachusetts Department of Public Health Report

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We developed a H1N1 Power Point that can be used for the hot washes that highlight the lessons learned across each community, region state and country.

2010 May 01	MRC Coordination, deployment MWRA water contamination
	<i>MRC Coordination</i>
2010 May 02	MRC Coordination, deployment MWRA water contamination
	<i>MRC Coordination</i>
2010 May 03	Holliston, MWRA deployment, pre for Emotional Resilience class
	<i>MRC Coordination</i>
2010 May 04	PFA editing, MWRA deployment, Emotional resilience class Walpole
	<i>MRC Coordination</i>
2010 May 10	MDPH report, Framingham Hot wash
	<i>MRC Coordination</i>
2010 May 11	BH meeting MEMA, con call with Lola, Coalition EC meeting con call
	<i>MRC Coordination</i>
2010 May 13	Region 4A Hot wash Weston
	<i>MRC Coordination</i>
2010 May 14	Medfield MRC
	<i>MRC Coordination</i>
2010 May 17	Emotional resilience class
	<i>MRC Coordination</i>
2010 May 18	MRC Coordination, work on sheltering class
	<i>MRC Coordination</i>
2010 May 19	MRC coordination
	<i>MRC Coordination</i>
2010 May 25	<i>Maynard sheltering class, MRC coordination</i>
	<i>MRC Coordination</i>
2010 May 26	<i>Ashland MRC, MRC Coordination</i>
	<i>MRC Coordination</i>

### **MRC Activities and Improvements**

We have developed a draft Sheltering Simulation class that we will be using drill local sheltering plans by reviewing and holding the training at the shelter location in the communities that hold the training and this will give that community an opportunity to drill their sheltering plans and to train volunteers by actually walking through and simulating the shelter in that community.

### **Region 4A Web-page Improvements:**

We have really beefed up our MRC web-page we have set up a registration system for residents that are eligible for the H1N1 vaccine can pre-register for it on the web-page, this has saved the overall time that the health departments are spending pre-registering people who can receive the vaccine. We have made many improvements to the registration system and it has been very instrumental in keeping the flow of the clinics at a steady pace and reducing surges during the clinics. Please take advantage of this web-based registration system.

We are using Survey monkey to help us have MRC volunteers pre-register for a position to help out at their flu clinics, this is working very well.

We have developed a Deployment tool for the web-page and it worked very well during the water distribution deployment.

### **Region 4A H1N1 Sheltering Team:**

We have recruited over 380 MRC volunteers that are willing to help out state wide with the shelter operations during the spring floods we have compiled a list of additional staff that can assist inside and outside of their communities, it is worked very well during this recent deployment. We will use this team to drill our new sheltering class simulation a regional shelter.

### **MRC Collaboration**

Participation in Regional Coalition Meetings (Coalition name/date attended/Attendee):

April 8th Region 4A coalition meeting Liisa Jackson and all the Members from the MRC Committee

MSAR promotion activities: We promote MSAR when we do MRC Orientation and trainings.

**Local Reports:**

**Framingham:**

May 4 CPR for Health Care providers  
May 10 Framingham's Pandemic Review and Appreciation Dinner  
May 13 Regional hot wash/ meeting  
May 18/19 BOH staff member to HSEEP Training  
May 24 EDS conference call with ICF rep  
May 27 MRC info table set up at Town Meeting

Laurie Courtney RN, BSN  
Public Health Nurse

**Maynard:**

MAYNARD CITIZEN CORPS/ MEDICAL RESERVE CORPS

REPORT TO REGION 4A

May 2010

- 18 volunteers participated in a Shelter Operations Training program given by Liisa Jackson, Region 4a Coordinator. Maynard's Health Officer and Fire Chief were also in attendance and helped tailor the program to the needs of our town. The program was held in the Fowler School, our primary site for Maynard's emergency response activities. The program consisted of a site walk through, power point presentation and case studies.
- MCC/MRC members staffed the First Aid station at Maynard's Relay for Life.

Respectfully submitted  
Mary Hilli, Chairperson

Town of Stow MRC participated in Springfest activities and marched in the parade on 5/15/10. We displayed the trailer and recruited new volunteers from 9Am-2PM. The 72 hr.kit was displayed for pets.

Jack Wallace

**Disclaimer:**

This report is a compilation of the most up to date information provided by the local health departments and the MRC Executive Committee and may not include all activities within the Region.